President Isaias Afwerki returned home on the 14th of December 2013, concluding visit to Kenya for participating in the Golden Jubilee of the country’s Independence Day anniversary, at the invitation of the country’s President Uhuru Kenyatta.

It is to be recalled that a number of Heads of State took part in the country’s 50th Independence Day anniversary celebrations at Kasarani Stadium in Nairobi which witnessed student displays and cultural performances.

President Isaias also held talks with a number of State leaders on strengthening bilateral ties and issues of mutual interest, according to reports from the region.

FOREIGN MINISTER HOLDS TALKS WITH UN DELEGATION HEAD

Foreign Minister Osman Saleh held talk with a visiting UN delegation headed by Mr. Abdoulayye Mar Dieye, Assistant Secretary General and Regional Director of UNDP/RBA, and Chairman of UNDG-ESA Mission on the 16th of December 2013.

In the course of the meeting at Asmara Palace Hotel, Mr. Osman Saleh gave extensive briefings to the delegation focusing on the objective situation in the Homeland and the achievements registered in various domains in general, the stance of the Eritrean government as regards human rights and human trafficking, including trading in human organs, in particular. The briefings also included the tasks accomplished pertaining to foiling anti-Eritrea agendas, including the unlawful and unjust sanctions.

Following the meeting, Mr. Abdoulayye Mar Dieye told Erina that the visit is well-timed, and that it provides the UN and the Government of Eritrea with the opportunity to discuss implementation of the strategic Partnership Cooperation Framework Agreement concluded in January 2013.

He further indicated that the UN has reiterated its commitment to support the nation’s development endeavors, and stated that Eritrea has made significant progress towards achieving the objectives of the Millennium Development Goals, particularly in the domain of health.

Moreover, the 8-member delegation met and conducted discussion with the Finance Minister, Mr. Berhane Habtemariam, Dr. Gergis Teklemichael, Minister of National Development, Mr. Yemane Gebreab, Head of Political Affairs at the PFDJ, and Mr. Yemane Gebremeskel, Director of the President’s Office.

The delegation also visited the Southern and Central administrative regions yesterday, during which it observed the ongoing development activities. In the course of the visit, the members received briefings by the Administrator of the Southern region, Mr. Efrem Gebrekristos, medical experts and others at the regional Referral Hospital, as well as the Fistula Center in Mendefera city.

Likewise, members of the UN delegation visited the agricultural project in Mendefera, as well as the projects in the Central region, Mr. Kahsai Lamza, including the irrigation infrastructure and the potable water supply project in the area, in addition to the dam in Adi-Lamza, including the irrigation farming activities in its environs, among others. The Administrator of the Central region, Mr. Khashai Gebrehiwet, accompanied the visiting UN team during the tour of the development sites in the region.

MINISTER ENCOURAGES EритREAN COMMUNITY MEMBERS IN ANGOLA

Minister Woldai Fitur, Head of the National Investment Center, has encouraged the Eritrean community members in Angola to become beneficiaries of the favorable environment for investment in the Homeland. He made the remark at a meeting he conducted with more than 300 Eritrean nationals in Luanda city, during which he called on the community members to employ their resources to the benefit of the people and the nation, besides stepping up participation in national development programs.

Dr. Woldai went on to explain that comparative advantages as regards investment in the Homeland pertain to an encouraging legal atmosphere, sound and corruption-free leadership, as well as the infrastructural development that is gaining momentum.

Mr. Saleh Omar, on his part gave extensive briefings focusing on the role of nationals in the nation-building process, and called on the citizens to play due role as regards keeping intact national and cultural values. He also expressed appreciation for the community members’ commitment towards attaining higher organization, and urged them to sustain such efforts.

The community members said that they would enhance role in the nation-building endeavors and reinforcement of the community’s organization.
The Dahlac Archipelago is an island group located in the Red Sea. It consists of two large and 124 small islands. The pearl fisheries of the archipelago have been famous since Roman times and still produce a substantial number of pearls. Only four of the islands are permanently inhabited, of which Dahlak Kebir is the largest and most populated. Other islands of the archipelago include Dhuladiya, Dissei, Dohul, Erwa, Harat, Harmil, Isra-Tu, Nahaleg, Nakura, Norah and Shumma, although not all are permanently inhabited.

The islands are home to a diverse marine life and sea birds, and attract an increasing number of tourists. The people of the archipelago speak Dahlik. The islands can be reached by boat from Massawa.

G.W.B. Huntingford identified a group of islands near Adulis called “Alalaiou” in the Periplus of the Erythraean Sea, which were a source of tortoise shell, with the Dahlak archipelago. According to Edward Ullendorff, the Dahlak islanders were amongst the first in East Africa to convert to Islam, and a number of tombstones in Kufic writing attest to this early connection.

In the 7th century an independent state emerged in the archipelago, but it was subsequently conquered by Yemen, then intermittently by the Kingdom of Medri Bahri (Land of the Sea) 1517, when the Ottoman Turks conquered them and placed the islands under the rule of the Pasha at Suakin as part of the province of Habesh.

The archipelago became part of the Italian colony of Eritrea, when it was formed in 1890. However, during this time the islands were home to little else except the Nacura prison camp operated by the Italian Colonial Forces. After Ethiopia allied itself with the Soviet Union during the Cold War, following the rise of the Derg, the Dahlak Archipelago was the location of a Soviet Navy base. The more than 200 Islands of Eritrea create great opportunity for yacht cruising (scuba) diving and fishing. Some islands have shores lined with mangrove trees or salt bush. Shoals and submerged coral reefs, a spectacular marine life (dolphins, sharks, dugongs, turtle species, hermit crabs, fish, mollusks or shellfish), shipwrecks and pumice stones formed from submarine volcanoes make the Red Sea an unforgettable diving environment.

Currently Eritrea has some attractive dive sites that have great potential for tourism attraction. Some of the important dive sites in the Dahlak Archipelago and north of Massawa include: Desie, Madot, Nakura, Kundubul, Dahlak, Durgam, Durgella, Dehle and Dehl Bahot. All the islands have natural, good, long white sandy beaches which are excellent for recreation. The offshore water is also excellent for swimming, sport fishing and water sports.

The largest island, Dahlak Kebir, which is located 58 kilometers from Massawa, is some 643 km² with a population of about 1,500. It was the chief port for pearl fishing in the southern part of the Red Sea. Dahlak Kebir offers opportunities to visit Afar fishing villages, as well as ancient Turkish and Islamic ruins. The many hundred years old Arab inscriptions, the monumental cisterns, and the 360 wells are important living historical footprints, the proof of a high level of historical development that took place in Dahlak Kebir.

One of the important and historical Islands is also the Nacura Island. Nacura is an island situated west of Dahlak Kebir. In the early years of the Italian colonial rule i.e. 1891/1892, the island was established as a detention camp for the anti-colonial Eritreans as well as opponents from other Italian colonies.

During the Ethiopian occupation of Eritrea the prison was used by the Dergue. Thousands of political prisoners lost their lives, indicating the bitter conditions of this prison.

Sources: www.shabait.com
Our Vision Is Emboldened By Our Hard Work!

In the weeks leading to the New Year, it is of great importance to conduct an objective assessment at the individual, collective, institutional and societal levels, and address what has been accomplished, how much capital and experience has been gathered, what advantages and disadvantages there have been and so on... Such an assessment plays a decisive role in minimizing the weaknesses and upholding the strong points, thereby boosting the gathered momentum in the nation building process.

The vision of the people of Eritrea is to build a stable and prosperous nation, for whose independence a hefty price was paid and matching reward harvested. And this vision is attained not by wishing, promoting individualism, abandoning from hard work or seeking handouts from superpowers; it instead requires heavy sacrifices and dedicated efforts that put forward the interests of the nation and its people.

In fact, a lot of committed citizens, and particularly youngsters aware of the responsibilities shouldered upon them, have been rebuffing open and masked external hostilities and working dedicately to realize the national vision. And as an outcome of these efforts, the Eritrean economy, along with its postwar vestiges and in spite of being under a no-war-no-peace situation, has endured all hurdles and is on track of registering huge progress, as witnessed by friends and foes.

Accordingly, in the past years of hard work and dedication, in line with the national food security plan, we have laid the basic foundations that can enable us to exploit our agricultural resources, and we are found at a juncture of turning our rain fed traditional farming into a modern one. It is therefore sure that our agricultural output will from now on grow in folds, qualitatively and quantitatively. And in line with this, different agro-industries that will process these products are also flourishing.

The strategic dams, roads, housing complexes, provisions of power and potable water supply, transport and communication services, all have enabled to bring remote places closer and establish portals to domestic and foreign markets in addition to creating favorable ground for investment as well as trade and economic activities. Consequently, interests of local and foreign investors in agriculture, mining, industry and tourism sectors has been growing, pushing us into a stage of tangibly profitable.

Social services, and particularly education and health services, being the main indicators of human development, the progress we have registered in providing these services to citizens in remote rural areas have earned admiration at continental and international levels.

We can hear Eritrea being lauded for achieving commendable progress in terms of the Millennium Development Goals. And since the foundations have been laid, what remains is simply to enhance the quality of service rendered by these institutions.

The fact that the success we have registered in laying basic infrastructure, boosting industrial and agricultural productivity, and ensuring provision of services, along with the willpower and confidence it has built, is based on our own resources attests to the bright future of this people.

There is also one more significant resource than all the above that Eritreans as a people possess. The Eritrean people have been able to establish a stable and harmonious livelihood, owing a great deal to its national unity cultivated during its struggle for liberation and development, and also to its norms and values. This factor has enabled the Eritrean people to have, unlike in other societies, confidence as well as internal peace and stability. And since the latter are the basis for development, the people of Eritrea, along with their struggle for development, are found in a milestone where they can look at their bright future just a little far away.

As understood, the objective of a society is continued potency and improvement. Therefore, in order for the nation and people to fully realize the vision, the efforts need to be stepped up in the New Year 2014, because only work can make the national vision glow brighter!
### Zara Mining Share Company

**Job Title & number required**

**Maintenance Superintendent (1)**

- **Duties & responsibilities**
  - Understand, support and fully endorse, by way of example, ZMSC JV principles throughout all operations. Develop team understanding and compliance with ZMSC JV principles. Always acts in conformance with ZMSC protocol and understanding. Responsible for Project Quality, Safety, and Environmental Plans and the coordination of all related activities including open pit operation. Excellent knowledge of consumable products used in the mining industry including their safe use and applications. Applications to effectively plan daily, weekly and monthly work activities.

**Knowledge and skill requirement**

- Excellent written communication skills. Excel at Microsoft Office programs. Must be conversant with various software used in the mining industry including their safe use and applications. Ability to effectively plan daily, weekly and monthly work activities. Computer literacy in Microsoft Office suite of programs. Must be conversant with Open Pit Mining & Processing software. Ability to pass a full Doctor’s Physical examination.

### ZMSC JV Co-ordinator (1)

- **Duties & responsibilities**
  - To be a full-time Doctor’s Physical examination
  - To be available to work in accordance with ZMSC rosters

**Knowledge and skill requirement**

- English literacy to a conversational level. Excellent leadership and organisational skills. Excellent interdepartmental communication skills. Excellent working knowledge of all aspects of mining operational theory including open pit operation. Excellent knowledge of consumable products used in the mining industry including their safe use and applications. Applications to effectively plan daily, weekly and monthly work activities.

### Training General Foreman (1)

- **Duties & responsibilities**
  - Understand, support and fully endorse, by way of example, ZMSC JV principles throughout all operations. Develop team understanding and compliance with ZMSC JV principles. Always acts in conformance with ZMSC protocol and understanding. Responsible for Project Quality, Safety, and Environmental Plans and the coordination of all related activities including open pit operation. Excellent knowledge of consumable products used in the mining industry including their safe use and applications. Applications to effectively plan daily, weekly and monthly work activities.

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- Excellent written communication skills. Excel at Microsoft Office programs. Must be conversant with various software used in the mining industry including their safe use and applications. Ability to effectively plan daily, weekly and monthly work activities. Computer literacy in Microsoft Office suite of programs. Must be conversant with Open Pit Mining & Processing software. Ability to pass a full Doctor’s Physical examination.

### QaESH Co-ordinator (1)

- **Duties & responsibilities**
  - To be a full-time Doctor’s Physical examination
  - To be available to work in accordance with ZMSC rosters

**Knowledge and skill requirement**

- English literacy to a conversational level. Excellent leadership and organisational skills. Excellent interdepartmental communication skills. Excellent working knowledge of all aspects of mining operational theory including open pit operation. Excellent knowledge of consumable products used in the mining industry including their safe use and applications. Applications to effectively plan daily, weekly and monthly work activities.

### Knowledge & Qualification Requirement

- **Education**
  - Diploma from college, preferable in IT. Certificate of IT engineering.

- **Experience Required**
  - At least 5 years working in IT field.

- **Physical Requirement**
  - To be able to pass a full Doctor’s Physical examination
  - To be available to work in accordance with ZMSC rosters

### Training Qualifications in the Mining Industry essential.

- **Knowledge and skill requirement**
  - Mineral Exploration Experience – 15 years (Significant experience in Open Pit Operations & Processing a must)

### Training General Foreman (1)

- **Duties & responsibilities**
  - Understand, support and fully endorse, by way of example, ZMSC JV principles throughout all operations. Develop team understanding and compliance with ZMSC JV principles. Always acts in conformance with ZMSC protocol and understanding. Responsible for Project Quality, Safety, and Environmental Plans and the coordination of all related activities including open pit operation. Excellent knowledge of consumable products used in the mining industry including their safe use and applications. Applications to effectively plan daily, weekly and monthly work activities.

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### General Information and other requirements:

- Place of work: Asmara and Zara Site, based on human resource assignment and work. Occasional assignment to other locations. Salary. As per Company scale.

### Additional Requirement for nationals:

- Having fulfilled his/her National Service obligations and provide evidence of a release letter from the Ministry of Defense. Having finished registration and duly performing for the National Army, and present the release letter or registration card issued by National Army. Provide the clearance letter from the Police and present the Medical certificate. Present clearance letter from the current/last employer. Only short listed applicants will be coming to Asmara for the interview. Application documents will not be returned back to the sender and/or applications should be sent through the post office. Deadline for application: 10 days from the day of publication in the Newspaper.

### Address

- Please mail your applications to: Zara Mining Share Co. P. O. Box 2393, Asmara, Eritrea

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**Procurement – Notice**

**PROJECT: Support to the Agricultural Sector/ Food Security in Eritrea**

**Contract Title - Procurement of Vehicles (Double cap & pick up car), Motorcycles, and Truck**

**Publication Ref. No.: Europe Aid/135193/D/SUP/ER**

- The Ministry of Agriculture intends to award a supply contract for Procurement of Vehicles, Motorcycles, and Truck in Asmara/Eritrea with financial assistance from the European Development Fund (EDF). The tender dossier is available from: The State of Eritrea, Ministry of Agriculture, Planning and Statistics Division, P.O. Box 1048, Asmara-Eritrea. Tel. +291-1-181042, Fax +291-1-181759 Email: hussomont07@gmail.com And will also be published on the Europe Aid website: [https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?do=publi.welcome](https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?do=publi.welcome) The deadline for submission of tenders is February 6th, 2014 at 9:30 AM local time.

- Possible additional information or clarifications/questions shall be published on the Europe Aid website: [https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?do=publi.welcome](https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?do=publi.welcome), and in the Eritrean newspapers: Hiddas Eritrea & Eritrea Profile.
Bisha Mining Share Company is inviting applicants for the following position for its Bisha Site Project.

**VACANCY ANNOUNCEMENT**

**3. Position: - Contractor Manager**

**Required:** 01

**Contract Type:** Definite

**Major Duties and responsibilities:-**

- Plays a lead role in the development of the safety culture of the project, making safety a natural part of all work performed.
- Participate in the development of the Project Execution Plan and constructability reviews.
- Participate in the development and analysis of solutions to the technical problems, technical and commercial decisions, concerning the construction work.
- Ensure the right QA/QC (Quality assurance /Quality control) systems are in place and that these are applied to the project.
- Participate in schedule development and ensures through weekly meetings with the EPCM Contractor, that activities are maintained within the project constraints.
- Advise the Project Manager of impending schedule slippages or budget overruns, and initiate corrective actions to guide the EPCM back on schedule.
- Ensure the Construction Manager (CM) is performed by the EPCM (engineering, procurement, and construction management) as per the Project Instruction Manual including contractor’s progress billing, change management, back charges etc.
- Conducts regular project execution and commissioning sessions in conjunction with SENET and BMSC Operations personnel.
- Coordinates construction activities, including Tie-ins, with BMSC Operations.
- Responsible of interfaces with government authorities and ensure that the Project activities conform with the insecurity laws and code of ethics.
- Prepare weekly construction reports and sections of the Project Monthly Report, which pertain to his or her area of responsibility.
- Co-ordinate acceptance or takeover inspections at contractor’s physical completion. Ensure that deficiency list is properly managed and corrected.
- Act on behalf of the Project Manager in absence (R&R or others).

**Profile: Qualifications and Experience**

<table>
<thead>
<tr>
<th>Formal Education, Certifications or Equivalents</th>
<th>Construction related qualifications Diploma/Degree preferred.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working Experience – Nature &amp; Length of time</td>
<td></td>
</tr>
<tr>
<td>➢ 20 years’ experience in Construction.</td>
<td></td>
</tr>
<tr>
<td>Leadership Experience-Nature &amp; length of time</td>
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</tr>
<tr>
<td>➢ 10 years’ experience in Africa.</td>
<td></td>
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<tr>
<td>Other skills and abilities</td>
<td></td>
</tr>
<tr>
<td>➢ High level of construction execution and management skills.</td>
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<tr>
<td>➢ High level of people management skills with the emphasis on effective teamwork.</td>
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<tr>
<td>➢ Excellent communication skills and the ability to relate to all levels of Operation and EPCM.</td>
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<tr>
<td>➢ Extensive experience working in Africa and/or remote area.</td>
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<tr>
<td>➢ Ability to work effectively in a harsh environment with a problem solving approach with managing competing priorities.</td>
<td></td>
</tr>
<tr>
<td>➢ High level problem solving ability.</td>
<td></td>
</tr>
</tbody>
</table>

**Profile: Qualifications and Experience**

<table>
<thead>
<tr>
<th>Formal Education, Certifications or Equivalents</th>
<th>Formal certification by a reputable authority as a fitter or a fitter and turner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working Experience – Nature &amp; Length of time</td>
<td>5 years' post trade qualification experience as a fitter or fitter and turner and experience on a Mineral processing plant with experience.</td>
</tr>
<tr>
<td>Leadership Experience-Nature &amp; length of time</td>
<td>Not a prerequisite but will be an added advantage.</td>
</tr>
<tr>
<td>Other skills and abilities</td>
<td>Fluent in English both oral and written and Computer literacy.</td>
</tr>
</tbody>
</table>

**General Information and other requirements:**

- **Place of Work:** Bisha.
- **Type of contract:** Definite period
- **Salary:** As per Company salary scale.
- **Additional requirement for Nationals:** Having fulfilled his/her National Service obligation and provide evidence of release paper from the Ministry of Defense.
- **Present clearance paper from current/last employer.**
- **Testimonial documents to be attached (CV, work experience credentials, a copy of your National Identity Card etc.)**
- **Only shortlisted applicants would be considered as potential candidates for an interview.**
- **Application documents will not be returned to sender.**
- **All applications should be sent through the post office.**
- **Deadline for application:** 10 days from the day of publication in the Newspaper.
- **Address:** Please mail your applications to:
  - Bisha Mining Share Company, P.O. Box 4276 Asmara, Eritrea

**Note to Eritrean applicants:**

- Please send a copy of your application to:
  - Ministry of Labor and Human Welfare Department of Labor
  - PO BOX 5252, Asmara, Eritrea

**THE STATE OF ERITREA EUROPEAN MINISTRY OF AGRICULTURE DEVELOPMENT FUND**

**Procurement – Notice**

**PROJECT: Support to the Agricultural Sector/ Food Security in Eritrea**

**Contract Title:** Agricultural machinery, Farm equipment, Farm tools, Field tools and instruments, Heater for brooding, Incinerator and Meteorological supplies

**Contract No:** EuropeAid/135194/D/SUP/ER

The Ministry of Agriculture intends to award a supply contract for Procurement of Agricultural Machinery. Farm Equipment, Farm Tools, Field Tools and instruments, Heater, Incinerator and Meteorological Supplies in Asmara/Eritrea with financial assistance from the European Development Fund (EDF). The tender dossier is available from:

- Ministry of Agriculture, Sawra Street
- P.O.Box-1048
- Asmara-Eritrea
- Tel. +291-1-181042,
- Fax. +291-1-181769
- Email: hadjalomot07@gmail.com

And will also be published on the Europe Aid website:
https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?id=20publicwelcome

The deadline for submission of tenders is February 24*, 2014 9.30 hours local time. Possible additional information or clarifications/questions shall be published on the Europe Aid website:
https://webgate.ec.europa.eu/europeaid/online-services/index.cfm?id=20publicwelcome and
In the Eritrean newspapers: Haddas Eritrea & Eritrea Profile
Keeping the Interest

How Your Own Mind ...

continued From page 7

and healthy habits of thought and life, for your subconscious mind is the seat of habit. The habitual thinking of your conscious mind establishes deep grooves in your subconscious mind. This is very favorable for you if your habitual thoughts are harmonious, peaceful, and constructive.

If you have indulged in fear, worry, and other destructive forms of thinking, the remedy is to recognize the omnipotence of your subconscious mind and decree freedom, happiness, and perfect health. Your subconscious mind, being creative and one with your divine source, will proceed to create the freedom and happiness, which you have earnestly desired.

• The tremendous power of suggestion

You must realize by now that your conscious mind is the "watchman at the gate," and its chief function is to protect your subconscious mind from false impressions. You are now aware of one of the basic laws of mind: Your subconscious mind is amenable to suggestion. As you know, your subconscious mind does not make comparisons, or contrasts, neither does it reason and think things out for itself. This latter function belongs to your conscious mind. It simply reacts to the impressions given to it by your conscious mind. It does not show a preference for one course of action over another.

The following is a classic example of the tremendous power of suggestion. Suppose you approach a timid-looking passenger on board ship and say to him something like this: "You look to me as if you were seasick. Let me help you to your cabin." The passenger turns pale. You look very ill. How pale you are! You say to him something like this: "You are very ill. How pale you are! I feel certain you are going to be seasick. Let me help you to your cabin." The passenger turns pale. Your suggestion of seasickness associates itself with his own fears and forebodings. He accepts your aid down to the berth, and there you negative suggestion, which was accepted by him, is realized.

• Different reactions to the same suggestion

It is true that different people will react in different ways to the same suggestion because of their subconscious conditioning or belief. For example, if you go to a sailor on the ship and say to him sympathetically, "My dear fellow, you're looking very ill. Aren't you feeling sick? You look to me as if you were going to be seasick." According to his temperament he either laughs at your "joke," or expresses a mild irritation. Your suggestion fell on deaf ears in this instance because your suggestion of seasickness was associated in his mind with his own immunity from it. Therefore, it called up not fear or worry, but self-confidence.
Today's article is extracted from Joseph Murphy's book entitled "The Power of Your Own Subconscious Mind." The book is really inspirational one. I hope this extract will be a stimulating one.

You have a mind, and you should learn how to use it. There are two levels of your mind—the conscious or rational level, and the subconscious or irrational level. You think with your conscious mind, and whatever you habitually think sinks down into your subconscious mind, which creates according to the nature of your thoughts. Your subconscious mind is the seat of your emotions and is the creative mind. If you think good, good will follow; if you think evil, evil will follow. This is the way your mind works.

The main point to remember is once the subconscious mind accepts an idea, it begins to execute it. It is an interesting and subtle truth that the law of the subconscious mind works for good and bad ideas alike. This law, when applied in a negative way, is the cause of failure, frustration, and unhappiness. However, when your habitual thinking is harmonious and constructive, you experience health, success, and prosperity.

Peace of mind and a healthy body are inevitable when you begin to think and feel in the right way. Whatever you claim mentally and feel as true, your subconscious mind will accept and bring forth into your experience. The only thing necessary for you to do is to get your subconscious mind to accept your idea, and the law of your own subconscious mind will bring forth the health, peace, or the position you desire. You give the command or decree, and your subconscious will faithfully reproduce the idea impressed upon it. The law of your mind is this: You will get a reaction or response from your subconscious mind according to the nature of the thought or idea you hold in your conscious mind.

Psychologists and psychiatrists point out that when thoughts are conveyed to your subconscious mind, impressions are made in the brain cells. As soon as your subconscious accepts any idea, it proceeds to put it into effect immediately. It works by association of ideas and uses every bit of knowledge that you have gathered in your lifetime to bring about its purpose. It draws on the infinite power, energy, and wisdom within you. It lines up all the laws of nature to get its way. Sometimes it seems to bring about an immediate solution to your difficulties, but at other times it may take days, weeks, or longer.

. . . Its ways are past finding out.

PART I

Thinking

Stimulating

Aron Hidru

How Your Own Mind Works

false. Having once accepted any suggestion, it responds according sometimes referred to as your objective mind because it deals with outward objects. The objective mind takes cognizance of the objective world. Its media of observation are your five physical senses. Your objective mind is your guide and director in your contact with your environment. You gain knowledge through your five senses. Your objective mind learns through observation, experience, and education. As previously pointed out, the greatest function of the objective mind is that of reasoning.

Suppose you are one of the thousands of tourists who come to Los Angeles annually. You would come to the conclusion that it is a beautiful city based upon your observation of the parks, pretty gardens, majestic buildings, and lovely homes. This is the working of your objective mind.

Your subconscious mind is oftentimes referred to as your subjective mind. Your subjective mind takes cognizance of its environment by means independent of the five senses. Your subjective mind perceives by intuition.

It is the seat of your emotion and the storehouse of memory. Your subjective mind per-forms its highest functions when your objective senses are in abeyance. In a word, it is that intelligence which makes itself manifest when the objective mind is suspended or in a sleepy, drowsy state.

Your subjective mind sees without the use of the natural and brings back information oftentimes of the most exact and truthful character. Through your subjective mind you can read the thoughts of others, read the contents of sealed envelopes and closed safes. Your subjective mind has the ability to apprehend the thoughts of others without the use of the ordinary objective means of communication. It is of the greatest importance that we understand the interaction of the objective and subjective mind in order to learn the true art of prayer.

The subconscious cannot reason like your conscious mind

Your subconscious mind cannot argue controversally. Hence, if you give it wrong suggestions, it will accept them as true and will proceed to bring them to pass as conditions, experiences, and events. All things that have happened to you are based on thoughts impressed on your subconscious mind through belief. If you have conveyed erroneous concepts to your subconscious mind, the sure method of overcoming them is by the repetition of constructive, harmonious thoughts frequently repeated which your subconscious mind accepts, thus forming new continued On page 6
Nelson Mandela Statue Unveiled In Pretoria By Zuma

A statue of Nelson Mandela, South Africa’s first black president, has been unveiled in the capital, Pretoria, a day after he was buried.

The nine-metre (30ft) bronze statue has been erected at the Union Buildings, the government headquarters.

The statue, with Mr Mandela’s hands reaching outward, was intended to show that he had embraced the whole nation, President Jacob Zuma said.

Mr Mandela was given a state funeral at his ancestral home on Sunday.

African National Congress (ANC) members, veterans of the fight against apartheid and foreign dignitaries - including several African presidents and the Prince of Wales - attended the funeral ceremony in the village of Qunu in South Africa’s Eastern Cape province.

It followed a 10-day period of mourning and celebrating Mr Mandela’s life after his death at the age of 95.

The national flag was raised on Monday from its half-mast position, and was flying as normal.

The statue was unveiled on South Africa’s Day of Reconciliation, a public holiday which marks the end of racial conflict in South Africa.

During white minority rule, 16 December was called the Day of Covenant to honour the victory of Afrikaners over a Zulu army in an 1838 clash known as the Battle of Blood River.

More than a century later, on 16 December 1961, Mr Mandela launched an armed group, Umkhonto we Sizwe (Spear of the Nation), to fight South Africa’s white minority rule.

It led to his arrest and imprisonment for 27 years.

After he became president in 1994 at the end of minority rule, he used the day to urge South Africans to set aside their differences and to unite.

During his address at the funeral on Sunday, Mr Zuma pledged to build on Mr Mandela’s legacy.

“As your journey ends today, ours must continue in earnest... South Africa will continue to rise because we dare not fail you,” he said.

Mr Mandela’s body lay in state at the Union Buildings for three days last week, at least 100,000 people filed past his open casket to pay their last respects.

A flight controller said that Loop A would stay in operation as long as possible to carry out “graceful shutdowns of our science equipment. Once the loop shutdown is complete, half of Node 2, half of JEM (Japanese Experiment Module) and half of Columbus will be powered down. But you’ll keep half of each module and that is why the crew quarters are not affected.”

The space station’s six crew members include two Americans, three Russians, and one Japanese astronaut.

As a result of the mishap, the crew members had to shut down some minor operating systems in order to reduce power load.

The space station has been continuously occupied by space fliers since 2000.

This comes as NASA and Orbital Sciences Corp. are going ahead with plans to launch an unmanned Cygnus cargo ship on December 18.

European youngest foreign minister took office, after Austria swore in its new coalition government.

Aged 27, Sebastian Kurz was one of 12 ministers confirmed by Austrian President Heinz Fischer in the capital, Vienna.

Before taking up his new role, Mr Kurz was state secretary for integration.

Austria’s ruling bloc, the Social Democrats and the conservative People’s Party, won the election in September.

The Social Democrats came top with 27.1%, while the People’s Party got 23.8%.

As secretary, he followed a policy of integrating immigrants into Austrian society by requiring their children to speak German before entering school.

He also established free language classes for Muslim religious leaders and launched a forum for dialogue with Islam.

Although the ruling parties have won another five-year term in a coalition last month’s election was their worst result since World War Two.

A series of scandals and perceived inertia have hit the parties’ popularity among the voters.

The anti-immigration and Eurosceptic Freedom Party appears to have benefited from this slump, reaping 21.4% of the vote.

The party has accused the coalition of bloating the public sector, corruption and permitting too much immigration.

Other people in positions of power around the world include Kim Jong-un, who became leader of North Korea at the age of 28 or 29 (his exact age is not known).

Roosevelt Skerrit was 32 years old when he became prime minister of Dominica in 2004.

Jigme Khesar Namgyel Wangchuck is one of the youngest monarchs in the world. He became king of Bhutan in 2008 at the age of 28.

Swaziland’s King Mswati III was 18 when he was crowned in 1986.

German Researchers Create Sugar-Free Candy

A team of German researchers has achieved a success in creating sugar-free candies that can help teeth knock out cavity causing and gum damaging.

The newly produced candy which enriched with dead good bacteria can actually fight cavities, according to the report published in journal Probiotics and Antimicrobial Proteins.

The human mouth contains a variety of good and bad bacteria, say the researchers from the Berlin-based firm Organobalance GmbH who produced new sugar-free candies.

The candy benefits teeth when the good bacteria bind to bad cavity-producing bacteria in the mouth to prevent tooth decay.

After eating food, bad bacteria like Mutans streptococci remain on the surface of the teeth and release acids, which can dissolve the tooth enamel, leading to cavities.

Animal studies reveal that good bacteria called Lactobacillus para-casei through decreasing levels of the cavity-causing bacteria can reduce the number of cavities.

“Binding the two bacteria together would prevent these bad bacteria from reattaching to the teeth, causing them to get washed away by saliva,” explained the research leader Christine Lang.

Some 80 volunteers were tested while they were divided into three groups. One-third ate candies with small amounts of the dead bacteria, a second group took candies laced with higher levels, and a third ate bacteria-free candies.

“All participated people ate five candies during the two-day study and were not allowed to perform any oral hygiene activities during this time,” the team reported.

The results unraveled that 75 percent of those who consumed candies with the good bacteria had significantly lower levels of bad bacteria in their saliva than those who ate bacteria-free candy.

An earlier study suggested that some food such as cheese and chocolate (without milk and sugar) are effective in combating tooth decay.