

## AMBASSADOR SOPHIA TESHAMARIAM ADDRESSES GROUP OF FRIENDS IN DEFENSE OF UN CHARTER



Ms. Sophia Tesfamariam, Permanent Representative of the State of Eritrea to the United Nations, addressed the Third Meeting of the National Coordinators of the Group of Friends in Defense of the UN Charter, held in Moscow, Russian Federation, from 14 to 16 April.

In her address, Ambassador Sophia stated that the convening of the third meeting of the National Coordinators comes at a critical transitional period in which the defunct unipolar and so-called “rules-based order” have proven erroneous and ineffective in resolving both existing and emerging global crises. Under this unjust system, nations—particularly those of the Global South—have long borne the brunt of a few powerful countries’ hegemonic

political, military, economic, and other interests.

Nonetheless, Ambassador Sophia emphasized that recent global developments indicate that the skewed international order and its institutions can no longer be sustained and must give way to a polycentric global framework. Such a framework would enable all nations to play their rightful roles and cooperate on a level playing field. At this crucial juncture, the Group of Friends in Defense of the UN Charter must resolve to seize the momentum to advocate for a just, peaceful, and representative international order.

Ambassador Sophia reiterated that, like several other member

states of the Group, Eritrea has been and continues to be subjected to illegal and unjust unilateral coercive measures that deny nations the right to development. She called for the immediate and unconditional rejection and annulment of such measures. She also urged the Group of Friends to act in solidarity and unity to mitigate their harmful effects, including by pursuing legal redress through relevant UN bodies. In this regard, she stressed that the UN General Assembly, as the most representative international body, should continue its deliberations on the matter and provide practical recommendations for eliminating the imposition of unilateral coercive measures.

In concluding her remarks, Ambassador Sophia reaffirmed Eritrea’s commitment to constructive engagement with the Group and its members to advance the shared objectives enshrined in the UN Charter. *(The full text of the remarks is on page 2)*

## HAGAZ SCHOOL OF ASSISTANT NURSES GRADUATES 122 STUDENTS

On 12 April, Hagaz School of Assistant Nurses graduated 122 students from its certificate program. The students completed one and a half years of theoretical and practical training and are members of the 34th round of the national service.

Mr. Gebrebrhan Habtegergis, the school’s director, stated that the students successfully completed their practical training at hospitals and health facilities in Barentu, Dekemhare, Keren, and Mendefera. He encouraged the graduates to continue developing their professional skills in their workplaces.

Noting that the healthcare profession requires wisdom, ethics, and knowledge, Lt. Col. Araya Teklehaimanot, Head of Glas Military

Hospital, urged the graduates to live up to the expectations of the people and Government that provided them the training opportunity.

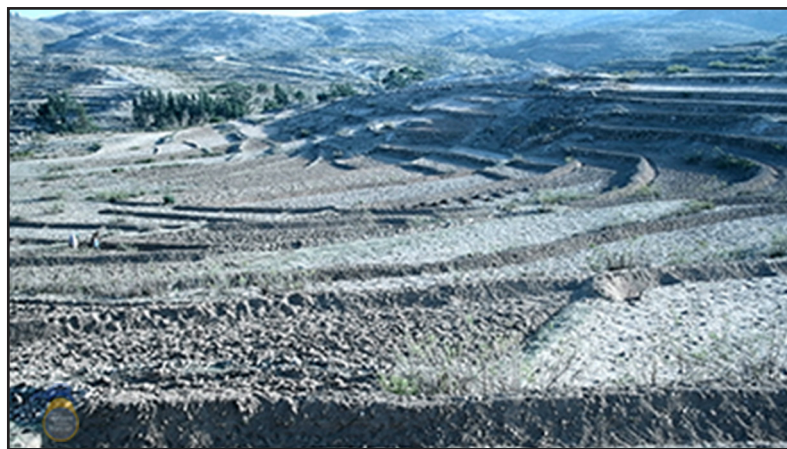
A representative of the graduates expressed their readiness to serve the people with diligence and commitment.

Brig. Gen. Tekle Libsu, Commander of the Popular Forces Command; Brig. Gen. Michael Hans, Chief of Staff of the Popular Forces Command, and Dr. Haile Mihtsun, Executive Director of higher education institutions and Research, attended the graduation ceremony.

Since its establishment in 2013, Hagaz School of Assistant Nurses has graduated 436 students, including 188 females.



## ADMINISTRATOR OF ANSEBA REGION TOURS DEVELOPMENT PROJECTS



Ambassador Abdela Mussa, Administrator of the Anseba Region, conducted a tour to monitor development projects and held discussions with concerned authorities and residents on April 8 and 9 in the Adi Tekelezan Sub-Zone.

Accompanied by regional department heads and professionals, Ambassador Abdela visited agricultural activities around the Deki Gebru Dam and encouraged those engaged in farming. He emphasized the need to strengthen water conservation and food security initiatives.

While inspecting the renovation work on the 20 km road from

of water and soil conservation in addressing water shortages in Adi Tekelezan. In addition, Ambassador Abdela visited the construction of 11 new classrooms, office spaces, and a teacher’s residence at Dekemhare Elementary and Junior School, a project being carried out by the local community.

Ambassador Abdela Mussa highlighted various campaigns



Adi Tekelezan to Mealdi, passing through Deki Gebru and Wara, Ambassador Abdela recommended proper maintenance of the roadside walls and the construction of water diverters.

He also stressed the importance

undertaken over the past three years, such as soil and water conservation on farmlands, catchment area treatment, and afforestation efforts, which have shown promising results. He emphasized the need to build on these achievements in the future.

## AMBASSADOR FISHATSION PETROS HOLDS TALKS WITH SWEDISH OFFICIALS



The Eritrean Ambassador to the Republic of Italy and non-resident Ambassador to the Kingdom of Sweden, Mr. Fishatsion Petros, held talks with various senior Swedish

officials in Stockholm from April 3 to 10.

During the meetings, Ambassador Fishatsion discussed bilateral relations as well as regional and international issues of mutual interest with Ms. Maria Malmer Stennergard, Minister of Foreign Affairs; Mr. Mikael Lindvall, Director General of Global Affairs; and Ms. Sofia Östmark, Head of the Department of Refugees.

It is to be recalled that Ambassador Fishatsion delivered a seminar to leaders of Eritrean community organizations from Scandinavian countries, focusing on the objective situation in the homeland and regional and global issues and their implications.



## Remarks by H.E. Sophia Tesfamariam, Permanent Representative of the State of Eritrea to the United Nations At the Third Meeting of the National Coordinators of the Group of Friends in Defense of the UN Charter

*Excellencies,  
Distinguished Colleagues,*

At the outset, let me express my delegation's gratitude to the Russian Federation for graciously hosting us here in Moscow's beautiful and historic city. Our appreciation also goes to the Bolivarian Republic of Venezuela for ably coordinating the works of our Group. I would further like to congratulate the group on this third meeting of the national coordinators and for the comprehensive political and special declarations that will be adopted soon.

*Excellencies,*

The convening of the Third Meeting of the National Coordinators comes at a critical transition period in which the defunct unipolarity and 'rules-based order' have proved to be erroneous and futile in resolving existing and emerging global crises. Under this unjust order, our nations, particularly the Global South, have been and continue to bear the brunt of the hegemonic political, military, and economic... interests of a few of the powerful.

Nevertheless, recent global developments intimate that the skewed international order and its institutions can't sustain any longer and should pave the way for a polycentric global order that provides opportunities for all nations to play their deserved role and cooperate on level-playing



grounds. At this crucial period, the Group of Friends in the Defense of the UN Charter should resolve to seize the momentum for a just, peaceful, and representative international order.

As we recommit to addressing the ramifications and legacies of

global injustices, it is incumbent upon all member states to uphold the sacred principles of sovereign equality, territorial integrity, political independence, non-interference in domestic affairs, peaceful settlement of disputes, and prohibition of the threat or use of force. These core principles of the

UN Charter and international law must govern the friendly relations and cooperation among all states – big or small, rich or poor.

*Excellencies,*

As several members of this Group, Eritrea has been and continues to be subjected to the illegal and unwarranted unilateral coercive measures (UCMs) that deprive nations the right to development. All types of UCMs must be rejected and annulled immediately and unconditionally. We further urge all member states, particularly our Group of Friends, to work in solidarity and unity to eradicate their negative impacts, including by seeking a legal redress through relevant UN organs. To that end, the UN General Assembly, as the most representative body, should continue its earnest deliberations on the matter and further advise on practical measures to eliminate the practices of applying unilateral

coercive measures.

The requisite political goodwill galvanized among our Group of Friends in the last years certainly deserves applaud. We need to leverage on these achievements by taking concrete steps to further coordinating and harmonizing positions in matters of common interests and concerns. Instead of dwelling on specific issues, the fundamental principles should continue guiding our collective vision and aspiration. To strengthening and deepening our shared objectives, a qualitative expansion of our membership is also crucial.

Finally, Eritrea reassures its commitment to engaging constructively within the Group and its members to advance the stated objectives of the Group as stipulated in the UN Charter.

*I Thank You!  
14-15<sup>th</sup> April 2025, Moscow*

## LOCAL NEWS

### FACE AND JAW SURGERIES UNDERWAY AT OROTTA NATIONAL REFERRAL HOSPITAL

Face and jaw surgeries are being conducted at Orotta National Referral Hospital from April 6 to 12, in a collaborative effort between Eritrean specialists and the US-based medical team, 'Surgeons for Smiles'.

According to the hospital's administration, 10 surgeries are performed daily, and 50 patients have undergone various surgeries so far.

Dr. Edward Zebovitz, head of the visiting team from 'Surgeons for

Smiles,' noted that this initiative is part of an ongoing partnership that began in 2007. Since then, the team has visited Eritrea twice yearly to conduct similar surgeries and provide training.

In addition to performing surgeries, the team also shares expertise and training Eritrean medical professionals. Dr. Zebovitz emphasized that future efforts will include more intensive training programs.

Eritrean physicians involved in

the surgeries and training sessions stated that the experience enhances their knowledge and skills while also exposing them to new technologies and modern practices in the field.

Dr. Lainesh Ghebrehwet, a specialist in dental, facial, and jaw surgery, explained that the long-term goal of the collaboration is to empower young Eritrean doctors to perform such complex surgeries independently by learning from the expertise of 'Surgeons for Smiles'.



### Safer Blood for All . . .

*C*ontinued from page 5

The workshop provided a comprehensive overview of the NBTS and NMFA, established a foundational understanding of haemovigilance principles, and outlined the operational framework for reporting and governing the national haemovigilance system in Eritrea. Dr. Yohannes Tekeste then officially closed the event. Dr. Yohannes emphasized that this initiative promises to enhance the quality and safety of blood transfusion practices, ensuring the advancements made in the NBTS's capacity and coverage are paralleled by an equally robust system for safeguarding the precious gift of blood.

The Haemovigilance System Launching Ceremony was not just an inauguration but an intensive educational and collaborative endeavor. By equipping healthcare professionals and key stakeholders with the necessary knowledge and frameworks, Eritrea has laid a strong foundation for a national haemovigilance system that promises to significantly enhance the safety and quality of blood transfusions, ultimately safeguarding the health of its citizens.

*By Heaven Yohannes Habte,  
National Medicines and Food  
Administration, Ministry of Health*

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## SpotLight

# From Scarcity to Sustainability: Eritrea's Water Transformation

Dr. Fikrejesus Amahazion

## Water: A Cornerstone of Sustainable Development

Water is the foundation of life. Access to water and sustainable water management offers a wide array of benefits to individuals and communities alike, including improved health, food, and energy security, protection from natural hazards, educational opportunities, higher living standards, employment generation, economic growth, and a variety of essential ecosystem services.

Despite substantial progress over recent decades, over two billion people worldwide still lack access to safe water, sanitation, and hygiene. While most of these individuals reside in rural areas, the number of people without access is declining in rural regions but stagnating – or even increasing – in urban settings.

At the same time, water scarcity is intensifying in many parts of the world, driven by factors such as climate change, population growth, conflicts, and poor water governance. Water pollution continues to be a growing global challenge, jeopardizing human health and environmental sustainability. According to various United Nations agencies, achieving universal access to safe drinking water by 2030 – aligned with Agenda 2030 and the Sustainable Development Goals (SDGs) – will require a sixfold increase in the current rate of global progress.

### The Eritrean Context

Eritrea, situated within the Sahelian Belt, is characterized by arid and semi-arid conditions and has endured recurrent, often severe, droughts for decades. The country's surface water is distributed across five major river basin systems: Setit, Mereb-Gash, Red Sea Basin, Barka-Ansebas, and Danakil Ba. These basins' estimated mean annual runoff is approximately 9,967 million cubic meters (Mm<sup>3</sup>). Of this volume, about 932 Mm<sup>3</sup> flows eastward – much of it entering the Red Sea – while around 8,613 Mm<sup>3</sup> flows westward. The remaining 422 Mm<sup>3</sup> is retained within depressions and inland basins.

Although limited in volume, groundwater remains Eritrea's most reliable source of freshwater. However, rivers, lakes, and aquifers across the country are

increasingly under pressure due to overexploitation, deforestation, minimal recharge practices, and the growing impact of climate change.

Eritrea's water sector is crucial to sustainable development as in other nations. It is pivotal in promoting economic growth, poverty reduction, food security, and environmental conservation. It also supports industrial modernization, tourism, and agricultural productivity.

In response, the Ministry of Land, Water, and Environment



has introduced a comprehensive legal and policy framework to guide the sustainable management of water resources. Eritrea's Water Policy, Water Law, Water Sector Institutional Framework, and Water Sector for Human Development documents – initially drafted in 1997 and revised in 2007 – promote principles of Integrated Water Resources Management (IWRM). These policies emphasize inclusive participation across all population groups and economic sectors in water use, planning, and development.

### Eritrea's Impressive Gains in Water Access

Thanks to targeted investments in infrastructure, supportive policies,



and broad-based development efforts, Eritrea's access to clean and safe water has dramatically

improved. Nationally, water access has surged from just 13% in 1991 to around 85% today.

In line with the guiding principle



of "leaving no one behind" and Eritrea's commitment to equity and social justice, significant strides

have been made in narrowing the rural-urban divide. Urban water access has risen from 30% to over 92%, while rural coverage has expanded from 7% to nearly 80%.

This progress extends to public institutions as well. Over 50% of schools nationwide now have access to safe water—an impressive improvement from previous years. Similarly, water access in health facilities has advanced considerably, contributing to better hygiene, safer childbirth, and reduced neonatal mortality.

### Building Resilience Through Infrastructure and Partnerships

A cornerstone of Eritrea's strategy has been the large-scale development of water infrastructure. Through coordinated efforts by the

government, communities, and other national stakeholders, the number of dams and ponds has grown from 138 at independence

to nearly 800 today—significantly enhancing national water storage and distribution capacity.

In 2023 alone, 16 micro-dams were completed, and were slated for completion in last year. Furthermore, 17 micro-dams have been scheduled to be launched across 2024/25, underscoring the country's sustained commitment to expanding access and building resilience.

Partnerships and cooperation with international development organizations also play a key role in Eritrea's efforts, providing technical expertise, funding support, and capacity-building. Through these collaborations, Eritrea is enhancing its ability to implement sustainable water projects and scale innovative solutions nationwide.

### Looking Forward

While Eritrea's achievements are commendable, the country remains focused on further strengthening its water security. Recognizing that agriculture consumes most freshwater resources, efforts are being made to improve water-use efficiency through modern irrigation methods, conservation technologies, and knowledge development.

The country is gradually shifting from traditional furrow irrigation systems to more efficient pressurized irrigation. Simultaneously, outdated pipelines are being replaced and new ones installed to extend reliable access to clean water across more communities. In parallel, Eritrea is taking proactive steps to protect ecosystems that rely on freshwater, ensuring that environmental sustainability remains a central pillar of its water strategy.

### A catalyst for transformation and a powerful example

Water is more than a resource – it is a lifeline and a catalyst for transformation. Eritrea's comprehensive and inclusive approach to water management offers a powerful example of how even resource-constrained nations can make remarkable progress through vision, commitment, and collective action. As the global community races toward the 2030 SDGs, Eritrea's experience underscores the importance of integrated solutions and long-term resilience planning in securing a water-secure future for all.







# The Great Lent: A time of Profound Introspection and Spiritual Discipline

Shighey Abraha

In Eritrea, April ushers in a transition period marked by the arrival of “Azmera,” the nascent quasi-season that signals the end of the Great Fast. For rural communities deeply intertwined with agriculture, this month is eagerly anticipated. Azmera’s gentle rainfall provides the vital moisture needed to sow seeds, preparing the land for the heavier summer rains.

Meanwhile, in urban centers,

sight of believers spending their days fasting and praying and their evenings sharing meals with neighbors and friends—including those of different faiths—is a testament to this unity. This practice transcends religious ritual, a powerful tool for building cohesion across religious and ethnic diversities.

Beyond its spiritual and social significance, the Great Lent offers a unique culinary experience. While it doesn’t necessitate complete abstinence from food

rings are often worn for their aesthetic appeal, even by non-Christians, as a unique annual tradition.

Passion Week, or Holy Week, represents the final, most intense week of Lent before Easter. This period is characterized by deepened spiritual engagement, with believers devoting more time to religious practices. Meals are prepared later in the day, and stricter observances are followed, including abstaining from handshaking, clapping, and secular music. The palpable sense of harmony during this time is mainly due to non-Christians’ respect for the believers’ observances.

Maundy Thursday, or “Hamus Tsgbo,” features the traditional preparation of “Ttqo,” a high-protein cereal dish. The custom of mothers cooking “Ttqo” outdoors and sharing it with neighbors and passersby, regardless of their faith, is a poignant expression of community spirit.

The culmination of the Great Lent and Passion Week is Good Friday, or “Arbi Sqlet,” which commemorates the crucifixion of Jesus Christ. This day of mourning and reflection sees schools, workplaces, and some public services closed. Many believers spend the day in churches. At 6 PM, families and neighbors gather for a meal, breaking an eighteen-hour fast.

throughout the day, Lenten meals, typically consumed in the afternoon, require strict avoidance of meat, dairy, fish, and eggs. The traditional dishes prepared during this period are visually appealing, flavorful, highly nutritious, and low in fat. For nearly two months, those observing the fast abstain from these prohibited foods.

This year, Lent began in February, with Easter Sunday, or Resurrection Sunday, falling on April 20th. The preceding months saw believers dedicating themselves to fasting, personal and communal prayer, confession, self-reflection, and mutual support. Sunday, April 13th, a national holiday, commemorated Hosanna Palm Sunday, marking Christ’s entry into Jerusalem. Churches distributed palm branches, which were intricately woven into crucifixes, decorative rings, and other ornaments. Crafting these palm leaves, particularly the pyramid-shaped rings known as “Shbo” in Tigrinya, has become an integral part of Eritrean culture. Though rooted in spiritual practice, these

residents weary of the dry winter sun yearn for Azmera’s temperate breezes brought by the sporadic showers. This anticipation is heightened by the approach of Easter, the culmination of the lengthy spiritual observance of Great Lent.

The Great Lent, known traditionally as “Tsom Arba’a,” is one of Christianity’s most significant and protracted fasting periods. This season is a time of profound introspection and spiritual discipline in Eritrea. Nearly half the nation engages in this period of sobriety, supplication, and self-examination.

Religion, a cornerstone of cultural heritage, shapes the very fabric of society. It serves as a vital instrument in fostering social harmony and balancing diversity. During the fifty-five days of the Great Lent, Christian adherents are guided by righteous conduct, emphasizing moral growth, self-improvement, and goodwill. The harmonious coexistence of citizens during “Tsom Arba’a” is palpable. The



Holy Saturday is marked by congregants dressed in white, attending church services until midnight. After midnight, they return home to break the Lenten fast with a feast, often featuring traditional porridge, “Ge’at.” Many, particularly in Asmara, eagerly anticipate the return of milk-based drinks like macchiato or savory dishes like “Zgni” and omelets.

This year, the overlapping of the Christian Lent (February 24th - April 20th) and the Muslim

Ramadan (March 1st - 30th) highlighted the shared values of self-reflection and unity across religious boundaries. While expressed differently, fasting in both religions embodies a strong value system that promotes self-reflection and fosters a robust sense of unity within diversity. Eritrean culture’s deep respect for both religions is evident in the annual observance of these cultural and religious rituals, serving as a constant reminder of the solidarity and coherence that underpins the nation.





# REPORTAGE

## Safer Blood for All: Eritrea Launches a National Haemovigilance System



Building upon significant strides in the capacity and coverage of the National Blood Transfusion Service (NBTS), Eritrea has taken a crucial step to fortify blood safety with the official launch of its National Haemovigilance System. The landmark ceremony took place on April 09, 2025, at the Orotta National Referral Hospital's Conference Hall in Asmara, marking a significant stride towards enhancing the safety and quality of blood transfusion practices nationwide.

The event, a collaborative effort between the National Blood Transfusion Service and the National Medicines and Food Administration, drew a diverse and engaged audience. High-ranking officials from the Ministry of Health attended the occasion, underscoring the government's commitment to this crucial initiative. Members from both organizing bodies were also present, alongside representatives from blood establishments spanning all six regions of Eritrea, demonstrating the nationwide scope of this undertaking. Many healthcare professionals, the frontline guardians of patient well-being, attended the launch.

Blood transfusion is a lifesaving intervention and a vital component of the healthcare system. However, this life-saving intervention is not without risk. Adverse reactions, transmission infections, and other incidences are possible risks of blood transfusion. Therefore, introducing measures to enhance the safety, quality, and efficacy of blood and blood products becomes necessary in enhancing patient safety.

Haemovigilance, the systematic monitoring and evaluation of transfusion-related adverse events, is essential for identifying, understanding, and preventing these events, ultimately enhancing patient safety. It includes monitoring, reporting, investigating, and analyzing adverse events related

to the donation, processing, and transfusion of blood and taking action to prevent their occurrence or recurrence. In recognition of this need, the National Blood Transfusion Service (NBTS) and the National Medicines and Food Administration (NMFA) initiated a joint collaboration aimed at the safety monitoring of blood and blood products. As such, a National Haemovigilance system was established.

The primary objectives of the launch were multi-faceted. Firstly, it aimed to foster a shared understanding among all involved parties regarding the critical role and purpose of a national haemovigilance system. Secondly, the event focused on promoting the practical implementation of the system, laying out a clear roadmap for its rollout nationwide. A significant emphasis was placed on creating a culture of reporting, actively working to eliminate any hesitations, and encouraging transparency in documenting adverse transfusion events. Finally, the launch sought to foster seamless collaboration and communication between healthcare providers, hospital blood banks, and the national regulatory bodies.

Dr. Yohannes Tekeste, Medical Director of the National Blood Transfusion Service, officially

opened the workshop. Dr. Yohannes welcomed participants and provided an overview of the NBTS by providing the structure, operations, and key functions, including blood collection, processing, storage, and distribution. He also highlighted the center's goal, strategic objectives, achievements, and challenges.

An overview of the National Medicines and Food Administration was also provided by Mr. Iyassu Bahta, Director of the National Medicines and Food Administration. Mr. Iyassu's presentation detailed the roles and responsibilities of the national regulatory authority in Eritrea concerning medicines and food safety, highlighting its interaction with the blood transfusion service. Mr. Iyassu further oriented



participants with the workshop's objectives and expected outcomes.

The workshop then delved into the core topic of haemovigilance with a presentation on haemovigilance terminologies. This session, presented by Mr. Natnael Russom from the NMFA, defined key terms and concepts for understanding and participating in haemovigilance activities. As a member of the NMFA, I also highlighted the importance of haemovigilance. The presentation emphasized the role



of haemovigilance in improving blood safety, preventing adverse transfusion reactions, and enhancing the quality of the blood transfusion process.

A significant portion of the workshop was dedicated to blood transfusion-related adverse reactions

a session investigating blood transfusion-related reactions. This presentation outlined the procedures and protocols for thoroughly investigating adverse reactions to identify the root causes and implement preventive measures. The workshop also addressed the practical reporting aspects with a presentation on the channels and timelines of reporting blood transfusion-related adverse reactions. This session, presented by Mr. Nahom Yacob, detailed the established pathways for reporting adverse events and the expected timeframes for such reporting within the national system. The workshop concluded with a presentation by Dr. Mulugeta Russom from the NMFA on the governance and coordination mechanism of the national haemovigilance system in Eritrea. This session described the organizational structure, the responsibilities of different stakeholders, and the mechanisms in place for effective coordination and oversight of haemovigilance activities at the national level.

The event was not merely a formal declaration but a dynamic and interactive event, significantly enriched by the active engagement of participants. Throughout the workshop sessions, attendees contributed valuable comments, posed insightful questions, and offered practical recommendations based on their diverse experiences and perspectives within the Eritrean healthcare system. This atmosphere of active participation fostered a collaborative learning environment, demonstrating a strong collective commitment to strengthening blood safety and ensuring the successful implementation of the national haemovigilance system. The enthusiastic involvement of healthcare professionals and stakeholders underscored the shared understanding of the importance of haemovigilance and a proactive approach to its establishment in Eritrea.


*Continued on page 2*





# Vacancy Announcement

Azel Pharmaceutical Sh. Co. is inviting interested applicants for the following positions.



AZEL PHARMACEUTICAL Sh.Co.

1. Job Title & Number required	Financial Reporting Accountant (1)
1. Specific Duties	<ul style="list-style-type: none"><li>Prepares internal monthly, quarterly and annual financial reports and actively reports to highlight company finance and forecasts.</li><li>Provides narrative explanation of how the company performed in the reporting period, its current financial condition, and its future prospects to help finance manager understand the correct picture of the company.</li><li>Collects and verify necessary financial data from different sections and inform concerned persons for corrections whenever necessary.</li><li>Manages monthly adjustment process, including reconciliations and analysis of related accounts.</li><li>Maintains and strengthen internal controls over financial reporting process.</li><li>Coordinates with Budget Accountant and monitors the budgeting process, financial forecasting and financial allocations to reduce expenses, meet company goals with help of accounting staff.</li><li>Keeps separate records of foreign purchase transactions and follow-up the GITs.</li><li>Actively participate in posting and checking transactions.</li><li>Performs other financial duties not stated above as required.</li></ul>
Knowledge & Skills Required	<ul style="list-style-type: none"><li>Proficient in MS Office; knowledge of Accounting Software.</li><li>Excellent communication and interpersonal skills.</li><li>Excellent written and verbal communication skills, including, presentation skills.</li></ul>
Education	➤ BA in Accounting
Age	➤ 25-45
Experience	➤ Degree Graduate in Accounting with minimum of 2 years of work experience for B.A. holder
Place of Work	Azel Pharmaceutical Sh. Co. Asmara and Keren, Eritrea
<ul style="list-style-type: none"><li>Applicants should submit their full applications including CV, educational credentials and training certificates within 10 days from the date of publication in the newspaper through the following addresses.</li><li>Salary Negotiable</li></ul> <div><div>Azel Pharmaceutical Sh. Co. Asmara: P.O. Box 6799</div><div>Tel: 120028/120029</div><div>Azel Pharmaceutical Sh. Co. Keren: P.O. Box 89</div><div>Tel: 400234/401994</div></div> <p><b>Note:</b> All applicants must have proof of demobilization or exemption from the National Service.</p>	

# Notice

Notice is hereby given to the public that **SDRI ELECTRIC PRIVATE LIMITED COMPANY** is formed among the following members:

Name	Nationality	Address	Shares
1 Samuel Tikue Habtom	Eritrean	Sweden	50
2 Russom Semere Tesfaslasie	Eritrean	Germany	50
			100
3. The head office of the company shall be in Asmara, Eritrea. The Company may open branch offices whenever and wherever necessary.			
4. The company has a share capital of NAKFA 250,000.00 (Two hundred Fifty thousand Nakfa) divided into 100 (One hundred) registered shares of par value of NAKFA 2,500.00 (Two thousand Five hundred Nakfa) each all subscribed and fully paid up by the member's in cash.			
5. The objectives of the company are to engage in: <ul style="list-style-type: none"><li>Renewable Energy Consulting,</li><li>Renewable Energy Design,</li><li>Electrical Consulting,</li><li>Electrical Consultancy and Design,</li><li>Alternative Energy Supply and Installation,</li><li>Electrical Installation Service,</li><li>Install and/or Repair Power Supply Stations,</li><li>Retail and Repair of Electrical items,</li><li>Supply/Install Telecommunication Equipment,</li><li>Management Information Systems Consultancy</li><li>Agent and/or Commission Agent, and</li><li>Import and Export.</li></ul>			
5. Mr. Samuel Tikue Habtom is appointed a manager for unlimited period of time.			
6. The company is established for unlimited period of time.			

SDRI ELECTRIC PLC



厄特四川矿产建设有限公司

ERITREA-SICHUAN MINERAL CONSTRUCTION CORP. LTD.

# Vacancy Announcement

Eritrea Sichuan Mineral Construction CORP. LTD. (ESMC) is inviting applicants for the following position for Asmara project sites.

**Position:** Civil Engineer  
**Department:** Construction  
**Number Required:** 01  
**Contract Type:** Definite  
**Place of Work:** Emba Derho Site

**Major Duties and Responsibilities**

- \* In charge for on-site civil construction management, arranging production tasks and plans, and promoting and supervising implementation.
- \* On-site construction management work, including the preparation of weekly and monthly construction reports, review of subcontract documents, and on-site construction management that based on Chinese Standards.
- \* Technical management work, including reviewing construction plans, conducting on-site technical control in accordance with Chinese technical specifications, and deepening drawings based on approved design drawings.
- \* Provide suggestions on the project’s construction technology management based on China’s construction technology and engineering management requirements and practices.
- \* Participate in construction, quality, and technical meetings.
- \* Familiar with engineering design drawings, specifically responsible for organizing construction management and technical personnel to participate in design constructability analysis, and provide suggestions from the construction aspect.
- \* Review the plans, programs, applications and changes in this field proposed by construction subcontractors, and provide suggestions for improvement.
- \* If any design problems occur at the construction site, should contact the technical manager timely for assistance in resolving them.
- \* Responsible for the acceptance of sub-items and hidden items of this specialty.
- \* Participate in the handover of construction process, project handover, discuss and solve relevant technical problems.
- \* Responsible for the management of on-site completion drawings and data packs for handover.
- \* Collect and organize construction technical management documents and information, archive relevant information based on project document control requirements.
- \* Verify the original vouchers, test reports and other quality certification documents of incoming materials, equipment and components and their quality status; conduct parallel inspections on incoming materials, equipment and components, if necessary, based on actual conditions, and sign for approval if qualified.
- \*Organize and coordinate the cooperation of relevant units, departments and professions to promptly resolve various civil engineering professional problems during the design and construction process.

**General Information and Other Requirement**

- \* Place of Work: Asmara Project Sites (Emba Derho)
- \* Salary: As per Company salary scale
- Additional Requirement for Nationals:**
  - \* Having fulfilled his/ her National Service Obligation and Provide evidence of Release Paper from Ministry of Defense.
  - \* Present Clearance from current/ last employer or Unemployment card from Labor office.
  - \* Testimonial documents to be attached (CV, work experience credential, a copy of your National Identity card etc.)
  - \* Only shortlisted applicants will be considered as potential candidates for an interview.
  - \* Application documents will not be returned to sender.

**Qualification and Other Skills**

* Formal Education, Certifications or Equivalentents	* Bachelor’s Degree in civil engineering.
* Working Experience – Nature & Length	* At least five years’ experience in the construction area. * Knowledge of civil engineering. * Proficient in using CAD drawing software. * Have good engineering professional writing skills.
* Leadership Experience – Nature & length of time *	N/A
* Other skills and abilities	* Have basic daily professional English communication skills. * Knowledge of computers. * Attention to details, deliver results according to company procedure and solution oriented. * Proficient in daily office software. * Strong sense of responsibility for work and good teamwork ability.

- \* All application should be sent through the post office.
- \* Deadline for application; 05 days from the date of publication on the newspapers

**Address: Please mail your application to;**

Eritrea Sichuan Mineral Construction CORP. LTD (ESMC)  
P.O. Box. 4832 Asmara, Eritrea

**Required to send a copy of their application to the following address**

Mineral Resources Management, Department of Mines  
P.O. Box. 272  
Asmara, Eritrea

**Note to None Eritrean applicants:**

Please send a copy of your application to  
Aliens Employment permits Affairs,  
P.O. Box 7940 Asmara, Eritrea





Q and A

# Empowering Healthy Aging: Dr. Zerabruk's Pioneering Work

Mussie Efriem

*Could you walk us through the experiences of your long career in public health?*

My journey in public health began with my studies, and I have been actively engaged in public health as a practitioner since 1974. This foundational career period took a significant direction when I joined the armed struggle. I didn't stop my professional activities and continued to apply my public health expertise directly in the challenging environment of the liberation movement, working 'on the field.' During this critical period, a significant component of my contribution involved serving as a writer for the health magazines published by the Eritrean People's Liberation Front (EPLF). I also developed various materials to raise awareness about crucial health matters among freedom fighters and communities living in the liberated territories.

My professional focus has always been on prevention and the promotion of public health, a commitment deeply reflected in my work. Indeed, my book, which has recently been launched, addresses this very field, offering insights into health and the aging process. This dedication to public health education and empowerment has been a long-standing aspect of my career. From my early experiences teaching barefoot doctors and nurses to my extensive work translating health promotion materials between 1979 and 1990, I've been disseminating crucial health knowledge. During that period, I also contributed to significant health education initiatives through publications such as the EPLF's monthly magazine, *Chu'ra Ti'na*, which served as a vital public health manual for both the public and the fighters. Also, the *Agar Hakim* magazine, aimed explicitly at barefoot doctors, provided invaluable on-the-job training through its pages, sharing practical insights gleaned from real-world experiences at that time. Building upon this foundational work, I pursued my studies, earning my Master's and PhD in Public Health from institutions in the UK and Sudan, solidifying my expertise in this critical area.

Following Eritrea's independence, my engagement with literary work took a slight pause, though

*Our guest today, Dr. Zerabruk Tesfamaryam, Assistant Professor of Public Health at the Orotta College of Medicine and Health Sciences, has a rich public health experience spanning around five decades. His latest endeavor, the inauguration of a book, marks a significant step in publishing an often-overlooked field: aging. His book, a translation, focuses on promoting healthy aging. This pioneering work is meticulously adapted to Eritrea's realities and distinct cultural context, making it an invaluable resource and a reference for future studies. In the interview, Dr. Zerabruk delves into his recent contribution, elaborates on the vital need for culturally-attuned healthy aging strategies, and shares reflections from his extensive career.*

a persistent inner drive to create remained. The intensity of my responsibilities as an instructor at the academy often felt all-consuming. However, the unexpected stillness caused by the lockdown due to COVID-19 presented a unique opportunity. As someone who values time and dislikes idleness, I was drawn back to a long-held passion. During that period, I began revisiting the books at home, and "The Merck Manual of Health and Aging" particularly resonated with me. Perhaps my journey towards that later stage of life drew my attention to its pages. After some time with the manual, I felt strongly convinced to translate it. I recognized its immense potential to benefit our people by providing crucial health information relevant to aging.

Driven by the conviction that "The Merck Manual of Health and Aging" held significant value for our community, I embarked on the translation process without delay. The unexpected abundance of time afforded by the lockdown provided an initial window of opportunity to immerse myself in this endeavor. However, as restrictions eased and life began to resume its normal pace, the challenge shifted to finding and diligently carving out spare moments amidst the intensive academic task to continue the work. This required dedication and a sustained commitment to the job. The translation wasn't straightforward; it involved thorough attention to detail, ensuring accuracy and

cultural relevance. To achieve this, the manuscript underwent several rounds of rewriting and refinement. Finally, after this iterative review and revision process, the book was published last year.

*What is the book about, and what is its message, particularly for aging people?*

From the very moment of our birth, we embark on a continuous aging process. Aging isn't simply about the later years; it encompasses the incredible growth and development of our youth, the peak of our abilities in adulthood, and the eventual physiological changes that come with advancing years. We see individuals reach remarkable heights of mental acuity, physical strength, and emotional maturity, only to see others experience a decline in these very areas as they age, sometimes leading to infirmity and disability. This observation, coupled with years of research and practical experience, has fueled the translation of this book.

The book's central message is one of empowerment and proactive health management. While we cannot halt the ticking clock, we can significantly influence our health as we age. This book is designed to be a practical guide, offering evidence-based strategies and insights into how individuals can actively cultivate and maintain their well-being throughout their lives.

A key motivation for writing

this book stems from a prevalent misconception: the acceptance of poor health and disability as an inevitable consequence of growing older. Far too often, individuals resign themselves to discomfort, limitations, and chronic conditions, believing them to be an unavoidable 'tax' of aging. My work directly challenges this notion. The scientific literature and countless real-life examples demonstrate that a significant portion of age-related decline is not a compulsory decree but a consequence of modifiable lifestyle factors and a lack of proactive health management.

This book aims to dismantle this passive acceptance. It provides readers with the knowledge and tools to understand the aging process better, identify potential risks, and implement effective strategies to mitigate them. It underscores that maintaining good health in our later years is not a matter of luck but a result of conscious effort and informed choices. By focusing on preventative measures, adopting healthy habits, and understanding the specific health challenges associated with different life stages, individuals can significantly reduce their risk of developing many age-related disorders and enjoy a higher quality of life for longer. Ultimately, this book empowers individuals to take control of their health journey, challenge the narrative of inevitable decline, and embrace the possibility of a healthier, more vibrant life at every age. It's about shifting the

focus from simply accepting what comes to actively shaping a healthier future.

Furthermore, the principles outlined in the book align firmly with the evidence-based findings of medical science, which increasingly demonstrates the potential for individuals to enjoy a healthy and fulfilling life throughout their years. A central pillar in achieving this healthy aging is the crucial role of nutrition. By making informed and selective food choices, individuals can proactively manage their health and ensure they consume what their bodies need at different life stages.

Beyond diet, the second vital component is incorporating regular physical activity. Regular exercise, even in moderate forms, is instrumental in maintaining physical function, promoting cardiovascular health, and fostering overall well-being. It's important to emphasize that this doesn't necessitate strenuous or intensive workouts; small, regular exercises that engage all body parts can yield significant benefits. Finally, and perhaps most profoundly, is the impact of our mental condition. Cultivating a positive mindset, managing stress effectively, and maintaining social connections are integral to healthy aging. The book delves into the interconnectedness of mental and physical well-being, highlighting strategies to nurture emotional resilience and cognitive function as we age.

